metro
NEW YORK CITY NO. 1 FREE DAILY IN THE US
Wednesday, April 5, 2017 metro.us | t: MetroNewYork | f: MetroNewYork

IS MOTHER THE NEW 'ARCHER' VILLAIN?

Jessica Walter takes up a life of crime (again). 18

Adopt a pet now in SoHo! 19

Bartolo Colon returns to face Mets tonight. 23

SUMMER PROGRAMS
FOR HIGH SCHOOL STUDENTS

(P) 646-312-4587
(W) baruch.edu/leadership

A new art show explores how sexting and technology has changed the way we try to get busy. 4

PHOTO ILLUSTRATION: ISTOCK

SCORES REPORTED KILLED IN SYRIA GAS ATTACK

1 A suspected Syrian government chemical attack killed scores of people, including children, in the northwestern province of Idlib on Tuesday, a monitoring group, medics and rescue workers in the rebel-held area said. The U.S. government believes the chemical agent sarin was used in the attack, a U.S. government source said, adding it was "almost certainly" carried out by forces loyal to Syrian

President Bashar al-Assad. The Syrian military denied responsibility and said it would never use chemical weapons. REUTERS

BOMB SUSPECT A MUSLIM BORN IN CENTRAL ASIA

2 A Russian suicide bomber originally from mainly Muslim Kyrgyzstan detonated the explosives in a St. Petersburg train carriage that killed 14 people and wounded 50, authorities said. The suspect had radical Islamist links, Russian media cited law enforcement officials as saying, raising the possibility Monday's attack could have been inspired by Islamic State, which has not struck a major city in Russia before. So far, no one has claimed responsibility for the blast. Kyrgyz officials identified the suspect as Akbarzhon Jalilov, born in the city of Osh in 1995, and Russian officials confirmed his identity, saying he had also left a bomb found at another metro station before it went off. His uncle, Eminzhon Jalilov, told Reuters by telephone that his nephew was a mosque-attending Muslim, but that he was "not a fanatic." REUTERS

TRUMP PLANS 'HAIRCUT' ON BANKING REGULATIONS

3 President Donald Trump said that his administration is working on changes to Dodd-Frank banking regulations that will make it easier for banks to loan money. "We're going to be coming out with some very strong — far beyond recommendations — we're going to be doing things that are going to be very good for the banking industry so that the banks can loan money to people who need it," Trump told

a meeting with a business leaders from the New York area at the White House. "We're going to do a very major haircut on Dodd-Frank. We want strong restrictions, we want strong regulation. But not regulation that makes it impossible for the banks to loan to people that are going to create jobs," Trump said. REUTERS

ROBOTIC DINOSAUR

4 Japan's On-Art Corp.'s dinosaur-shaped mechanical suit dino-tronics robot screams at a photographer during a performance at the Sky Lobby of Hikarie building in Tokyo on Tuesday. GETTY IMAGES

FED'S LACKER LEAVES OVER ROLE IN LEAK

5 Richmond Federal Reserve President Jeffrey Lacker left the U.S. central bank on Tuesday after saying a conversation he had with a Wall Street analyst in 2012 may have disclosed confidential information about Fed policy options. "It was never my intention to reveal confidential information," Lacker said in a statement describing an Oct 2, 2012, conversation with an analyst from Medley Global Advisors. The next day, Medley Global Advisors unveiled details of a September Fed policy-setting meeting, one day ahead of the publication of the central bank's own record of the discussions. At the Fed meeting, officials laid the groundwork for the massive bond-buying stimulus they were to roll out later that year. Early knowledge of that discussion could have given traders an unfair edge. REUTERS

WELCOME TO METRO.US!

LINNEA ZIELINSKI, SITE DIRECTOR, METRO.US
Catch up on the latest in news, sports, and events in your city on our brand-new website. It's more than just a facelift; our sleek new site makes it easier than ever to find the content you know and love. Come check us out at **metro.us.**

metro.us
has a new look
Visit us online at metro.us for the latest in news, sports, and entertainment coverage.

Have you been diagnosed with Fibroids?

Heavy Bleeding • Bloating Protruding Belly • Reproductive Dysfunction • Depression
Frequent Urination or Constipation • Pelvic Pain

Uterine Fibroid Embolization (UFE)

is the latest state of the art treatment at USA Fibroid Centers.
The treatment is minimally invasive non-surgical procedure with
a short recovery and no hospitalization.

Most insurance plans accepted, including Health First

Don't wait! Call now to schedule your appointment!

(718) 504-6414

USA FIBROID™ CENTERS

www.USAFibroidCenters.com

122 Fulton street , 5th floor
Manhattan ,NY 10038
Fulton St A C J Z 2 3 4 5

5221 Broadway
Bronx, NY 10463
Marble Hill-255 St 2

2444 86th street, suite A
Brooklyn, NY 11214
25 Av D

116-02 Queens Blvd
Forest Hills , NY 11375
25 Av E F
Kew Gardens-Union Turnpike E F
Forest Hills-71 Av E F M R

260 W Sunrise Highway, suite 102
Valley stream, NY 11581

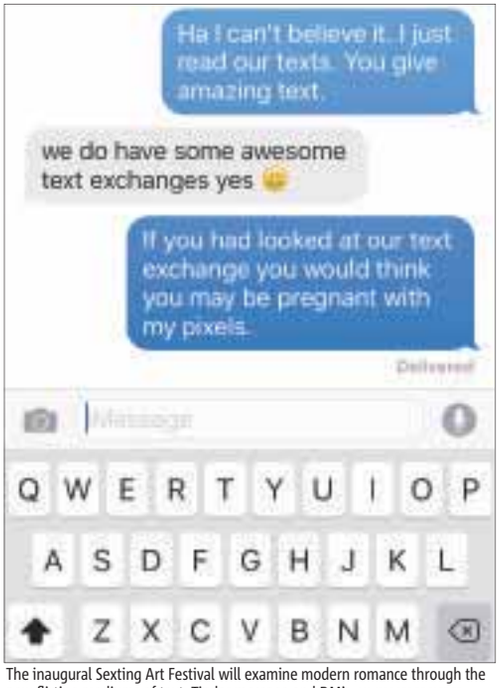
30-33 Steinway
Astoria, NY 11103
Astoria Blvd N Q
Astoria-Ditmars Blvd N Q
46 St M R

© January, 2017 USA Vascular Centers®. All rights reserved.

Get your NSFW sexts right here

"Sexting AF" art show puts your naughtiest texts on blast at Littlefield.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us


Ha ! can't believe it. I just read our texts. You give amazing text.
we do have some awesome text exchanges yes
If you had looked at our text exchange you would think you may be pregnant with my pixels.
Delivered
Message
Q W E R T Y U I O P
A S D F G H J K L
Z X C V B N M

The inaugural Sexting Art Festival will examine modern romance through the new flirting mediums of text, Tinder message and DM's. ALL IMAGES PROVIDED

We all have sexting stories. Some are amusing — the embarrassing autocorrects, the dirty messages we've mistakenly sent to the wrong recipient, the sexy-selfie attempts that end up anything but.

And then there's the more insidious experience — the unsolicited dick pics, the misogynistic comebacks from rejected Tinder bros — which is, unfortunately, no less common. These days, the art of seduction often comes down to how smooth you are with two thumbs and a smartphone.

A new art show, "Sexting AF", opening Wednesday night at Littlefield in Gowanus, will examine the state of modern dating through the lens of its "evolving media landscape." Namely, what gets sent and what gets received via text, tweet, Tinder message and the like.

One curator, Sam Travis Ewen, is a professor of media and propaganda at Hunter College. He says the idea for the show emerged from the ongoing conversation he and his friends have had about the experience of being young professionals navigating the "murky waters" of dating sites in New York City.

While the new flirting media "break down the barriers of engagement between people," it then becomes fascinating to examine the different ways people behave — the good and the bad, he explains. "What does attraction mean in a digital age, when you can hide behind a screen?" asks Ewen.

To answer those kinds of questions, a 16-person curatorial committee, including Ewen and his media-savvy comrades, sifted through more than 300 user-submitted sexts to gather the show's NSFW content. (It takes a village.) The bulk of what they received will be put on blast/projected in a slideshow on repeat on two big screens, while 40 selections the team has deemed "best in show" will be displayed in frames and priced at $75 each (with profits split between the submitter and Planned Parenthood). The messages will be anonymized, the names blurred out to protect the (not-always-so-innocent) senders and recipients.

Beyond the gallery and slideshow of sexts, the night will foster conversations that illuminate different perspectives on how technology has influenced modern romance. Alexandra Tweeten, the founder of viral internet site Bye Felipe! will give a talk, "Documenting Disasters in Sexting," examining instances of men lashing out when their virtual advances aren't received in the way they envisioned.

In a lecture titled "Reframing Sexting as a Positive Relationship Behavior," Emily Stasko, a researcher in social psychology at Drexel University, will share the results of her study on how sexting within committed relationships can be good for couples.

Artists will create interactive engagements. Bring your favorite screenshots, and Michael Birch Pierce will render them in a live stitching. Artist Kim Ye will set up a "female gaze photobooth," creating a visual experience that captures "where her desires and the subjects meet," Ewen explains.

And erotic photographer Val Scaramella will take your portrait, a sort of live-action version of "Your Next Best Sext." While Ewen doesn't expect folks to strip down and pose obscenely, "with enough alcohol, you never know what will happen," he jokes.

So, practice safe text, and otherwise. In the words of Lil Wayne, "Better wear a latex, cuz you don't want that late text, that 'I think I'm late text.'"

If you go

Sexting AF
Littlefield
622 Degraw St.
Wednesday, April 5,
5 p.m.-10 p.m., $30.75

Acupuncture is my Life
What's yours?
www.AcupunctureismyLife.com

Manhattan office:
315 West 55th Street
New York, NY 10019

Queens office:
247-11 Union Turnpike
Bellerose, NY 11426

Tel: (888) 607-3360 Fax: (888) 651-0877
Most Major Insurance Accepted

SPRING SPECIAL

$595* Implant

*Must be completed at our office to qualify for promotional fees

Complete tooth replacement with post and crown

$1295*

OFFER EXPIRES
04/15/2017

*All work must be completed at Elite Dental Implants to qualify for promotional fee of $1295 for Complete Tooth Replacement. Limit 3 implants per patient. Full payment due upon commencement of treatment.

Elite Dental Implants

ELITE DENTAL IMPLANTS

New Queens Location
30-80 21st Street Suite C1, 2nd Floor, Astoria, NY 11102

Manhattan Location
50 Broadway Suite 2001
New York, NY 10004

3 Convenient Locations

Speak with your Smile Today!

Long Island Location
601 Franklin Ave Suite 100
Garden City, NY 11530

FREE CONSULTATION

REPLACE MISSING TEETH PERMANENTLY

Must bring this ad on your first visit.

646-791-8075

EliteDentalImplants.com

CALL **Se Habla Español** Mention you saw us in Metro Newspaper **TODAY!**

Half-price MetroCard program wins City Council's approval

Council members included the "Fair Fares" pilot program in their response to the mayor's 2018 budget proposal.

AMANDA MIKELBERG
@MetroNewYork
amanda.mikelberg@metro.us

GETTY IMAGES

Impassioned advocates of the Fair Fares initiative, a pilot program to provide subsidized MetroCards to poor New Yorkers, cleared a big hurdle with the City Council including it in its response to the mayor's proposed city budget for 2018.

Council members noted that the program would cost the city $212 million. The pilot program is one of the recommendations listed under the heading "Protecting and Investing in Vulnerable New Yorkers" in the council's budget response.

The Fair Fares campaign's co-chairs, the Community Service Society and the Riders Alliance, rejoiced Tuesday at the news that City Council Speaker Melissa Mark-Viverito and other council members heard their calls for immediate action.

"The New York City Council have taken a major step toward ensuring that low-income New Yorkers will be able to afford essential access to our bus and subway system by including support for Fair Fares in their response to the Mayor's preliminary executive budget," the Riders Alliance said in a statement.

Implementation of the pilot program now depends on Mayor Bill de Blasio, who has called it "a good meaningful proposal" that the city cannot afford.

"It's just not something we can get into this city budget," the mayor told the Gotham Gazette in January. "And also I think it's a state responsibility. I think the state can't have it both ways on the MTA. They control the MTA. They have to pay for the MTA. So if people believe this is the kind of thing we should do, the state should pick up that responsibility."

Advocates of the measure say that about 800,000 New Yorkers who ride the bus, subway and trains would qualify for the reduced fares. They made a big push for de Blasio's attention during the MTA's hearings about raising MetroCard costs.

"On behalf of our broad coalition of economic justice, transit, labor, faith and criminal justice groups, we thank the Council for their leadership," the advocacy groups said in a statement.

BMW pulls advertising from Fox News' 'O'Reilly Factor'

Host Bill O'Reilly appears on 'The O'Reilly Factor' on The FOX News Channel at FOX Studios. GETTY IMAGES

BMW of North America said Tuesday that it has suspended its advertising on Fox News' "The O'Reilly Factor" program after a newspaper reported Fox and star host Bill O'Reilly paid five women to settle claims he sexually harassed them.

"In light of the recent New York Times investigation, BMW of North America has suspended its advertising with "The O'Reilly Factor," a corporate spokesman said in an emailed statement.

A Fox News spokeswoman did not immediately respond to a request for comment.

The New York Times reported over the weekend that Fox and O'Reilly have paid out $13 million dollars to five women who had accused him of harassment. O'Reilly, in a statement posted on his website on Saturday, said he had been unfairly targeted because of his prominence.

The German automaker becomes the third advertiser to suspend its commercials on the program, joining Mercedes-Benz and the Hyundai Motor Corp.

BMW wasn't among the top 50 advertisers on "The O'Reilly Factor," but Mercedes-Benz and Hyundai were regular spenders.

According to ad-tracking firm iSpot.tv, Mercedes-Benz has spent $1.3 million in 2016. Hyundai spent $913,445 in 2016. REUTERS

OPENING WEEK AT YANKEE STADIUM
MONDAY, APRIL 10
1:05 P.M. HOME OPENER
MAGNETIC SCHEDULE GIVEAWAY
WEDNESDAY, APRIL 12
1:05 P.M. MASTERCARD $5 GAME*
THURSDAY, APRIL 13
7:05 P.M.
FRIDAY, APRIL 14
7:05 P.M.
SATURDAY, APRIL 15
1:05 P.M. CALENDAR DAY
SUNDAY, APRIL 16
8:05 P.M. PEEPS PLUSH NIGHT
* TICKETS IN SELECT AREAS OF THE TERRACE LEVEL, GRANDSTAND LEVEL, OR BLEACHERS ARE AVAILABLE FOR $5.
TICKETS FOR $5 GAMES MUST BE PURCHASED USING A MASTERCARD AND MAY BE PURCHASED IN ADVANCE OR ON THE DAY OF THE GAME.

FOR TICKETS: (877) 469-9849 OR (800) 943-4327 (TTY)

yankees.com yankeesbeisbol.com ticketmaster®

NOTICE: For the safety of every Guest, all persons specifically consent to and are subject to metal detector and physical pat-down inspections prior to entry. Any item or property that could affect the safety of Yankee Stadium, its occupants or its property shall not be permitted into the Stadium. Any person that could affect the safety of the Stadium, its occupants or its property shall be denied entry.

All seat locations are subject to availability. Game time, opponent, date and team rosters and lineups, including the Yankees' roster and lineup, are subject to change. Game times listed as TBD are subject to determination by, among others, Major League Baseball and its television partners. Purchasing a ticket to any promotional date does not guarantee that a Guest will receive the designated giveaway item. All giveaway items and event dates are subject to cancellation or change without further notice. Distribution of promotional items will only be to eligible Guests in attendance and only while supplies last.

WORK AVAILABLE RIGHT NOW!

You Can Take Care of Your Loved One... and Earn up to $75,000 Annual or More!

All American Homecare Agency Inc.

You Don't Need a PCA/HHA License to Take Care of:

- Grandparents
- Parents
- Uncles
- Brothers/Sisters
- Cousins
- Neighbors

- Part Time or Full Time
- Jobs in Every County in New York

You may also qualify for:

- Medical Insurance and Dental,
- Metro Card
- Pay Vacations,
- Pay Sick Days

For years we have implemented a program which allows children, family and friends to take care of their parents, grandparents and friends, and to **GET PAID FOR THIS SERVICE**

The state of New York doesn't require you to have a PCA or HHA certificate to participate in this program. You have the right to program, use, supervise and personally control the care of your loved ones...

We Can Help You!

Parents can get paid to take care of their children !

IF YOUR RELATIVE DOESN'T HAVE MEDICAID, WE'LL HELP HIM/HER TO GET IT!

We are also hiring workers with PCA and HHA Certificates

Offices in every county in New York: Brooklyn, Queens, Manhattan, Bronx and Staten Island.

We offer jobs and services throughout New York

Please call from 9:00 am to 5:00 pm

WORK AVAILABLE IMMEDIATELY!

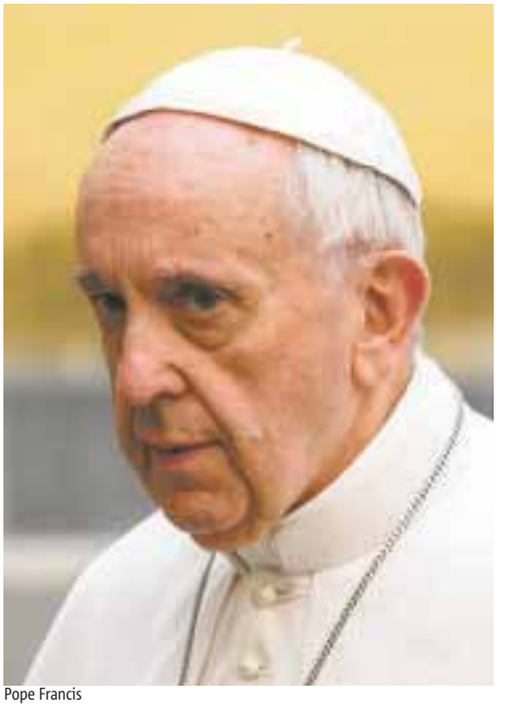
www.allamericanny.com

718-717-8807

OFFICES IN

Queens | Brooklyn | Bronx | Manhattan

Pope Francis celebrated Mass during the World Meeting of Families on Sept. 27, 2015, in Philadelphia. ALL IMAGES COURTESY GETTY IMAGES



Pope Francis

Teen pleads guilty in plot to assassinate the pope during 2015 Philly visit

The youth faces up to 15 years in prison.

A New Jersey teen pleaded guilty to attempting to support what news media called an ISIS-inspired effort to kill Pope Francis in 2015 during a public Mass in Philadelphia, according to a statement by federal prosecutors.

Santos Colon, 17, admitted on Monday in a federal court in New Jersey that he attempted to conspire with a sniper to shoot the pope during his Philadelphia visit and set off explosive devices in the surrounding areas, prosecutors said.

Colon engaged with someone he thought would be the sniper from June 30 to Aug. 14, 2015, but the person was actually an undercover FBI employee, according to prosecutors. The attack did not take place, and FBI agents arrested Colon in 2015.

"Colon engaged in target reconnaissance with an FBI confidential source and instructed the source to purchase materials to make explosive devices," prosecutors said.

A U.S. citizen from Lindenwold, Colon is charged as an adult with one count of attempting to provide material support to terrorists and faces up to 15 years in prison.

What motivated the attempted attack was not immediately known to Reuters. NBC News reported prosecutors said Colon admitted the terror plot was inspired by the Islamic State.

Prosecutors and Colon's defense attorney did not immediately respond to a request for comment.

REUTERS

NOW is the time to take care of YOUR BODY!

☑ Varicose Veins
☑ Leg Ulcers
☑ Spider Veins
☑ Pain/Burning
☑ Restlessness
☑ Heaviness
☑ Swelling
☑ Itching
☑ Fatigue
☑ Cramping

Frustrated with previous treatments, services and poor results?

Trust the doctor that cares about you!

• Personal & discrete care delivered directly Ronald Lev, MD
• Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
• No downtime
• 15 minute minimally invasive procedures
• Consistently ranked #1 Vein Doctor in NYC by our patients

Tired of long diets, juice cleanses & lotions?

Smart Lipo Laser Body Countouring

GET RID OF…
☑ Body Fat
☑ Sagging Arms
☑ Double Chin
☑ Cellulite & more

ADVANCED VARICOSE VEIN TREATMENTS OF MANHATTAN

TreatmentsofManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

212.204.6501

NEW MIDTOWN LOCATION
369 Lexington Ave., Suite 18A (bet 40th & 41st St), New York, NY 10016
close to 4, 5, 6, 7, S, F and Metro North

111 John St, Ste 1450 (Bet Cliff & Pearl St), New York, NY 10038

EVENING APPOINTMENTS AVAILABLE!
¡Hablamos Español!

Most Vein Treatments Covered by Major Health Insurances including Medicare

DO YOU SUFFER FROM ECZEMA?

New York Clinical Trials is conducting a new research study on an investigational medication for people who have been diagnosed with Eczema.

You May Qualify If You:
- Are 18 Years of Age or Older
- Have been diagnosed with Eczema on atleast 10% of your body

If Qualified, You May Receive At No Cost:
- Study-related physical exam by a licensed physician
- Study-related medication
- Compensation for time and travel

DON'T LET ECZEMA CONTROL YOUR LIFE!

All Is Confidential and At No Cost To You.
No Insurance Necessary.

ClinicalTrials.NYC

CALL US TODAY OR WALK-IN
(646) 912-9998
Se Habla Espanol

Or Email Us At:
crc2@nycclinicaltrials.com

59 E 54th St., Rm 93
New York, NY 10022

NY CLINICAL TRIALS

Are you living with Fatty Liver Disease or NASH?

Research Study Available Now!

Concerned about your Fatty Liver or NASH?

A Research Study is Enrolling Now!

- No-cost investigational medication
- You have a 75% chance of getting active drug
- No-cost study-related care from a local doctor
- You may receive compensation for your time
- Must be between the ages of 18–75 (females must be post-menopausal or surgically sterile)
- Must be willing to attend regular clinic visits and take oral medication

Contact Karina at
516-545-0951

50 Court Street, 10th Floor – Room 1002, Brooklyn, NY – 11201

DR WW MEDSPA
& LASER CENTER
Grand Opening
414 E 59 ST, NEW YORK NY 10022
BOTOX $250
$100 OFF
FREE CONSULTATION
$100 VALUE
$100 OFF
ANY SERVICE
$50 MICRODERMABRASION FACIAL
75 MINUTES
bellafill
$899
5 YEAR FILLER
FDA APPROVED
• Dark Spot Reduction
• Tattoo Removal
• Rosacea Treatment
• Laser Hair Removal
• Acne Treatment
• Scar Reduction
• Skin Tightening
• Skin Rejuvenation
• Injectable Fillers
• Botox Injections
• Non-surgical Facelift
• Non-surgical Fat Reduction
• PRP
• Cellulite Reduction
• Non-Surgical Nose Job
• Laser Snoring Treatment
Huachen Wei, MD, PhD
Yan Wang, MD, MS
2 LOCATIONS
414 E 59 ST, New York NY 10022 • 212-935-0707
85-16 Queens Blvd, Elmhurst, NY 11373 • 718-457-0707
drwwmedspa.com

The whale carcass was spotted Tuesday morning. JOHN J. GRILLO @ GRILLOINROCK

Humpback whale washes up on Queens beach

The carcass of a 30-foot-long humpback whale washed up on Rockaway Beach in Queens on Tuesday morning.

The Atlantic Marine Conservation Society is working with the city in an attempt to arrange a necropsy to determine what caused the mammal's death.

The U.S. Coast Guard first spotted the whale floating about 9 miles offshore on Monday evening, authorities said. By early Tuesday morning, it had drifted near shore in the vicinity of 117th and 118th streets.

Authorities advised people against approaching the whale and to remain about 150 feet away because it is a federally protected animal and could pose a danger if it gets into the surf at high tide. GARY KANE

CLA
CONSUMER LITIGATION ASSOCIATES, P.C.
ATTORNEYS AND COUNSELORS AT LAW
Super Lawyers
NACA
Inaccurate Background Check Reports
Mixed Credit Files
Problems with Credit Reports
Identity Theft • Debt Collection Calls
Our firm has successfully litigated hundreds of cases for consumers in federal courts across the nation.
Consumer Protection Attorneys
FREE CASE REVIEW: 800-550-3200
www.consumerlawusa.com
Hablamos Español
**All cases are determined on their unique facts, and no two cases are identical. While no lawyer can guarantee the outcome of any case, we strive to obtain the best possible results for our clients. In doing so, our firm works with other talented law firms across the country in a co-counsel relationship for litigation purposes.

New spelling bee rules aim to prevent T-I-E-S

Scripps National Spelling Bee winners aced "gesellschaft" and "feldenkrais" to be named co-champions of last year's competition, but it was the word "tie" that gave organizers a headache.

On Tuesday, the contest revealed new rules aimed at preventing ties after the annual competition ended in a dead heat three years in a row, with joint winners both getting $40,000 cash prizes in 2016.

Organizers said they would prefer to see a clear-cut champion, rather than a shared title.

The 290 young spelling whizzes from across the United States and six foreign countries in this year's Bee will face a new written tie-breaker when they square off from May 30 to June 1 in a Washington suburb, organizers said.

The written test

Nihar Saireddy Janga (L) and Jairam Jagadeesh Hathwar (R) GETTY IMAGES

introduces a fresh hurdle for participants spelling ever-tougher words in the Bee, a national institution since its launch in 1925.

"During our history, students have expanded their spelling abilities and increased their vocabulary to push our program to be even more challenging," Paige Kimble, the Bee's executive director, said in a statement.

Ahead of this year's title round, the finalists will be tested on 12 words, which they will hand write, and 12 multiple-choice vocabulary questions.

If it is mathematically impossible for one champion to emerge through 25 rounds, Bee officials will declare the speller with the highest tie-breaker score the winner. If there is a tie on the test, judges will declare co-champions.

This year's Bee will draw contestants ages 5 to 15 culled from more than 11 million in the spelling program. The winner — or winners — each will receive the cash prize of $40,000.

Last year, Nihar Janga, a fifth-grader from Austin, Texas, and Jairam Hathwar, a seventh-grader from Painted Post, New York, were named co-champions after battling 25 rounds head to head.

To gain the title, Nihar spelled "gesellschaft," a type of social relationship, and Jairam aced "feldenkrais," a method of education. REUTERS

Your Smile is Everything, Never Settle!

INVISALIGN
$3,999
for full treatment
$2,699
for express treatment
includes complimentary Zoom Whitening (additional $700 value)
Offer good through 4/30/17

• Veneers
• Dental Implants: To replace missing teeth permanently

FREE CONSULTATION

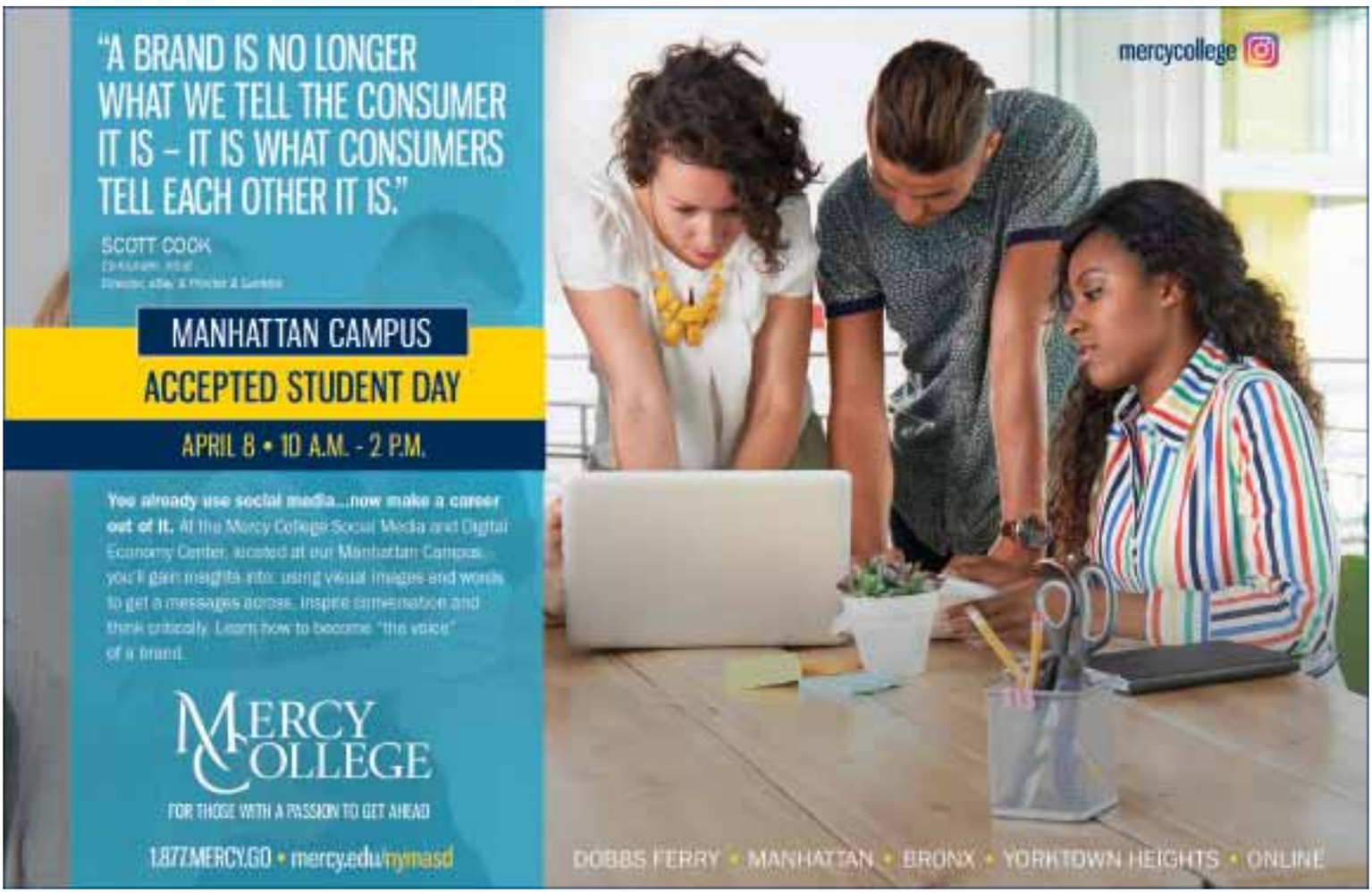
Financing as low as $95/month*
*must qualify

Leaders in Implant Dentistry! - Est. 1977

CALL NOW TO SCHEDULE YOUR COSMETIC DENTAL EXAM

HERALD SQUARE DENTAL & THE DENTURE CENTER EST. 1977

212-689-0024
224 West 35th St., New York, NY
16th Floor (between 7th and 8th Avenues)
www.heraldsquaredental.com


"A BRAND IS NO LONGER WHAT WE TELL THE CONSUMER IT IS – IT IS WHAT CONSUMERS TELL EACH OTHER IT IS."
SCOTT COOK
MANHATTAN CAMPUS
ACCEPTED STUDENT DAY
APRIL 8 • 10 A.M. - 2 P.M.
You already use social media...now make a career out of it. At the Mercy College Social Media and Digital Economy Center, located at our Manhattan Campus, you'll gain insights into using visual images and words to get a messages across, inspire conversation and think critically. Learn how to become "the voice" of a brand.
MERCY COLLEGE
FOR THOSE WITH A PASSION TO GET AHEAD
1.877.MERCY.GO • mercy.edu/mymasd
mercycollege
DOBBS FERRY • MANHATTAN • BRONX • YORKTOWN HEIGHTS • ONLINE

ADVERTISEMENT

Why Aren't Doctors Telling About These Two Often

Two Advanced Medical Treatments Every Knee Arthritis Sufferer

By *NY Pain MD*

***NY Pain MD* is a medical clinic with locations in Midtown NYC and Uptown NYC that has treated thousands of knee arthritis and joint pain patients.**

Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.

If you suffer with knee or other join arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are There Any Better Options?

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

Two options that a lot of knee arthritis sufferers have never heard of.

Before we get into the two treatments, please understand this...

NY Pain MD is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

Know this fact: There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

#1 Viscosupplementation

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that,here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knees.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." pharmaceutical companies (with the help of doctors) can now make ***natural*** synovial fluid gel-like compounds that, during viscosupplementation treatments. Doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at ***NY Pain MD*** use Precision Arthritis Targeting Technology so they can actually see the lubricant going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without this technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology without good results - this may be why.

That's why ***NY Pain MD*** takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different "brands" and chemical make-ups. Just like all medications, some people respond better to one than another. So, the experts at ***NY Pain MD*** use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at ***NY Pain MD*** have found that earlier you start Viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why ***NY Pain MD*** is now seeing so many patients as young as 35 to 40.

Summary: If you have knee arthritis pain and have not tried. Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results. you may still be able to get great results with the proper imaging and specific medication.

What Should You Do If Viscosupplementation Fails?

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

This is not true...and here is why

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

#2: Radiofrequency Treatment

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

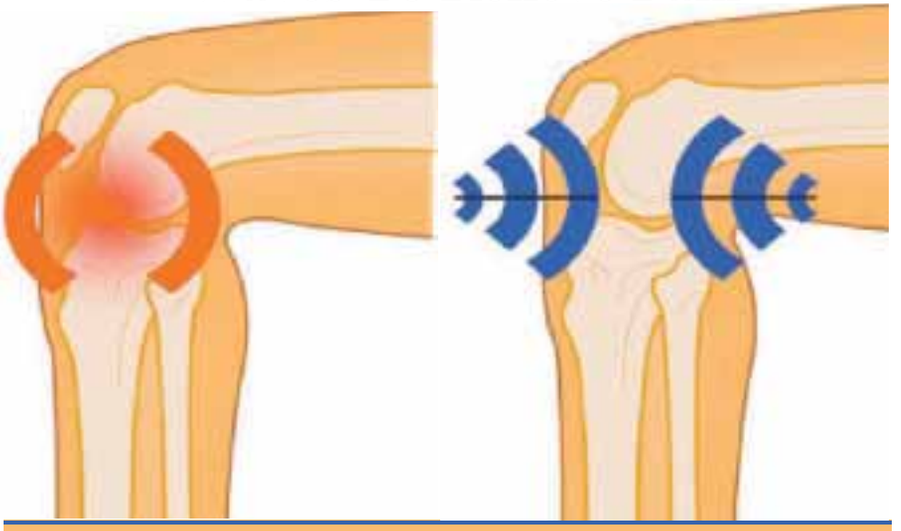
RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

ADVERTISEMENT

Knee Arthritis Sufferers Successful Treatments?

Needs To Know - Before Or After Knee Replacement Surgery

Advanced Treatment Uses Medical Radio Frequencies Waves To Relieve Pain



Science rescues knee arthritis sufferers?: **Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.**

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one to two weeks later, Radio Frequency waves are applied for term relief.

Is It Safe?

Research has shown this to provided significant relief for some patients. to procedure to be safe and effective.

One study published November 4, 2010 in the journal Pain found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indiciate some patients may get years of relief in some cases. "RF neurotomy (radio frequency treatment) of genicular nerves leads to significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.

The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.

What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

NY Pain MD believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their ques-tions answered and see if they are a candidate for one of the cutting-edge treatments offered at ***NY Pain MD***

If you would like a complimentary screening, just call 855-456-PAIN [7246] and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordiantators will get you appointed for next month

This screening is no cost and no obligation. Many of the treatments offered are covered by many insurance plans and Medicare

NYC PAIN MD

"Non Surgical Medical Relief For Spine & Joint Pain"

65 Broadway Suite 1004
New York, N.Y.
(Med Dir: G Craig)

57 West 57th Street
Suite 1603
New York, NY
(Med Dir: Jack Mbabuike, MD)

855-456-PAIN
(855-456-7246)

White House official says North Korea is test for US-China relations

President Donald Trump will discuss how to rein in North Korea's nuclear program with Chinese President Xi Jinping later this week in what a senior White House official said on Tuesday would be a test for the U.S.-Chinese relationship.

Trump and Xi are to meet on Thursday and Friday at Trump's Mar-a-Lago retreat on the Atlantic coast in Palm Beach, Florida. It will be their first face-to-face meeting since Trump took office on Jan. 20, and trade and security issues are to figure prominently in their talks.

"We would like to work on North Korea together," the official said in a briefing for reporters. "This is a test for the relationship."

Trump wants China to do more to exert its economic influence over unpredictable Pyongyang to restrain its nuclear and missile programs, while Beijing has said it does not have that kind of influence.

In an interview with the Financial Times last weekend, Trump held out the possibility of using trade as a lever to secure Chinese cooperation.

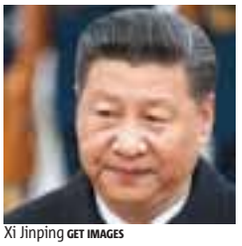
In the same interview, Trump was quoted as telling the FT that Washington was ready to address the North Korean threat alone, if need be.

The White House official — speaking just as North Korea fired a projectile believed by South Korea's military to be a ballistic missile into the sea — said the situation had become more urgent.

"The clock is very, very quickly running out," the official said. "All options are on the table for us."

Trump does not plan to give in to Chinese pressure for the United States to withdraw its THAAD anti-missile system in South Korea, which Beijing considers destabilizing.

Trump has said he expects the meeting to be a difficult one given his belief that China has taken advantage of U.S. trade policies to help its economy and hurt U.S. job creation. REUTERS



Xi Jinping GET IMAGES

icon Parking
QUIK PARK

HIRING PARKING ATTENDANTS

MUST have driver's license
experience driving automatic & stick shift
Why work for us? We offer:
FT & PT • $11/hour plus TIPS
Union Membership
Excellent Benefits (after 90 days)
Pension • Vacation

OPEN HOUSE
Monday-Friday 8am-3pm
29 East 39th street
(btw Park Ave. & Madison Ave.)
Bring Resume, proper documentation
(SS or Birth Certificate and Driver's Lic. & Passport or Green Card)
Or email your resume:
jobs@iconquikpark.com

Over 100 years of Excellence
WHERE HEALTHY OPPORTUNITIES BEGIN.

SURGICAL TECHNOLOGIST TRAINING
OUR PROGRAMS INCLUDE:
Clinical and Administrative Medical Assistant
Advanced Personal Training • Massage Therapy • Nursing
Clinical Medical Assistant • Medical Billing • Personal Training
Associate Degree Program • CAAHEP Accreditated
OPEN HOUSE APRIL 6TH!
CALL TODAY 1.877.291.7129

Swedish Institute College of Health Sciences
Please visit our Admissions Office at
151 West 26th Street
1-877-291-7129
www.swedishinstitute.edu

Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit http://www.swedishinstitute.edu/disclosures.

Painful Varicose Veins and Swollen Legs?

When you visit USA Vein Clinics, our highly experienced medical team and Vascular Doctors will provide the best treatment option for you.

Are you or a loved one suffering from the following symptoms?

- ☑ Varicose Veins
- ☑ Spider Veins
- ☑ Itching and Burning
- ☑ Leg Pain
- ☑ Leg Cramps
- ☑ Swollen Legs
- ☑ Skin Discoloration
- ☑ Leg Ulcers
- ☑ Blood Clots
- ☑ Difficulty Standing

Regardless of type of treatment you would need; with USA Vein Clinics,your legs are in trusted hands!

We specialize in a wide range of treatment options including care of Peripheral Artery Disease (PAD) and wound care.

Covered by Medicare, Medicaid, and most insurance plans

NOW ACCEPTING AFFINITY HEALTH OF NY

Don't suffer another day! Call us now!

(917) 717-5135

USA VEIN CLINICS™

www.USAVeinClinics.com

© February, 2017 USA Vein Clinics®. All rights reserved.

Manhattan:
1153 1st Avenue Manhattan, NY 10065 2 3 Q R W
122 Fulton Street New York, NY 10038 A C J Z 2 3 4 5
4159 Broadway New York, NY 10033 A C 1 4 5 6

Brooklyn:
2511 Ocean Ave Brooklyn, NY 11229 R Q B
2444 86th St Brooklyn, NY 11214 D
NEW 2965 Ocean Pkwy Brooklyn, NY 11235 B Q
924 Flatbush Ave Brooklyn, NY 11226 B Q NOW OPEN

Bronx:
5221 Broadway Bronx, NY 10463 1

Upstate:
NEW 156 Route 59, Ste B1, Suffern NY 10901

Queens:
116-02 Queens Blvd Flushing, NY 11375 E F M R
30-33 Steinway St Astoria, NY 11103 N Q F R
40-04 Forley St, Jackson Heights, NY 11373 F E M R 7
59-20 Myrtle Ave Queens, NY 11385 J M Z L M

Staten Island:
1975 Hylan Blvd Staten Island, NY 10306
260 Sunrise Highway, Valley Stream NY 11581

New Jersey:
766 Shrewsbury Ave, Ste 300, Tinton Falls, NJ 07724
81 Route 37 West, Toms River, NJ 08755

New York's top court rejects Facebook search warrant challenge

New York state's highest court on Tuesday rejected Facebook Inc.'s challenge to 381 search warrants to uncover suspected widespread Social Security disability fraud by its customers.

By a 5-1 vote, the Court of Appeals said it lacked jurisdiction to hear Facebook's appeal over warrants obtained by the office of Manhattan District Attorney Cyrus Vance Jr.

The decision is a defeat for Internet privacy advocates such as the New York Civil Liberties Union and the Electronic Frontier Foundation, as well as technology and social media companies including Apple, Google, Microsoft and Twitter that supported Facebook's appeal.

Prosecutors had in July 2013 obtained the warrants ordering Facebook to turn over account information belonging to people suspected of criminal fraud.

Sixty-two of the Facebook users were later indicted in the probe, out of 134 overall, court papers show.

Among the targets were retired police officers and firefighters suspected of feigning illness after the Sept. 11, 2001 attack on the World Trade Center.

Facebook argued that the warrants were overbroad, and that Vance went too far by prohibiting the Menlo Park, California-based company from telling users that the warrants existed.

It complied with the warrants after prosecutors threatened to hold it in criminal contempt, but continued the appeal.

Writing for the appeals court, Judge Leslie Stein said it was up to targets of the warrants, not third parties such as Facebook, to challenge the warrants' validity.

While Facebook's concern about overbroad warrants, and its effect on users' privacy rights including under the U.S. Constitution, "may not be baseless," it was up to the state legislature to change the law, Stein wrote.

Tuesday's decision upheld a July 2015 ruling by an state appeals court in Manhattan. One judge recused himself.

GETTY IMAGES

Judge Rowan Wilson dissented, saying the decision deprived Facebook of "any meaningful recourse" against the "en masse" data seizure, including from high school students who had the misfortune of knowing people suspected of disability fraud.

"Although seizing social media content to help curtain widespread disabilities fraud may seem to some a good bargain," Wilson wrote, "the concern of this case ... is not with crime waves, but with the protection of the individual against the power of the government."

Facebook said it was disappointed by the decision and evaluating its legal options, but "encouraged to see the thorough dissent that supports Facebook's position arguing for people's online privacy."

Joan Vollero, a spokeswoman for Vance, said his office was pleased with the outcome.

REUTERS

CALL US TODAY!
212-532-2000
www.DentistsOnMadison.com
New Patient Special
Dental Cleaning, Exam, and X-Rays Only $99
(Original Price $250)
• Essix Trays
• Clear Trays
• Fastbraces
• Veneers
• Implants
• Clear Braces
Perfect Your Smile!
invisalign PROVIDER
Essix®
Professional Whitening
$199
(reg. value $400)
$2000 OFF
Dental Implant
Originally $3799 - You Pay Just $1799
(Limited to one tooth, start to finish)
DENTISTS on Madison
175 Madison Avenue
(btw 33rd and 34th Street)
New York, NY 10016
212-532-2000
FREE Consultation

Feet Hurt? Bunions? Hammertoes? Heel Pain?
Platelet Rich Plasma Therapy (PRP)
A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)
Take The Foot Health Checkup
Relief For Chronic Heel Pain
■ My toenails are streaked, discolored and thickened.
■ The sides of my toenails dig into the skin and hurt.
■ I have a large bump behind my big toe (or little toe) which is always red.
■ I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
■ My toes aren't straight- they are all cocked-up, bent and hurt.
■ I have painful calluses on the ball of my foot which keep building up.
■ I have corns on my toes which get thick no matter what shoe size I wear.
■ The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
■ I have cramps in my legs which always happen when I walk the same distance.
■ My ankles are swollen most of the time.
■ My feet are always dry and scaly – sometimes they itch.
■ My feet just hurt all over when I stand or walk a lot.
■ I have numbness, burning, infection, persistent pain, skin rash, or open sores.
Now Featuring genesisplus
New FDA Laser Treatment For Nail Fungus, Scars & Warts
CUTERA
After
Before
New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of The New York Times
If any of these apply to you... Call today.
Patient is responsible for co-pays & deductibles
most insurance plans accepted complete family foot care laser surgery available
The Most Advanced Techniques Used For Bunions & Hammertoe Correction
Downtown location
65 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333
Midtown location
121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM
235 East 22nd Street
(between 2nd and 3rd Ave)
t 212-486-7333
184 east 70th st
212-772-3500

AVAILABLE NOW!
AMAZON
BARNES & NOBLE
GOOGLE BOOKS
XLIBRIS
"INCREDIBLE !"
"A MUST READ !"
THE JEW
Xlibris
www.xlibris.com

the word

RACHAEL CLEMMONS
rachael.clemmons@metro.us

Katie Holmes and Jamie Foxx caught on a date

Here's your reminder that Katie Holmes and Jamie Foxx are still dating.

Lainey Gossip reports that the couple, who have been dating since at least October 2013, are supersecretive and have never officially stepped out together. In fact, they go out of their way to never, ever be seen together. But every now and then, someone with an iPhone and a handful of Instagram followers catches them in the act.

Yes, indeed: The two were spotted dining together early this week

in New York. Jamie Foxx was wearing sunglasses inside, because he probably thought that would make him look inconspicuous. He was very wrong.

The most important question, though, is what do these two even talk about? What do they have in common besides both having shows on the WB at some point in their lives? OMG, remember the WB?! I mean, there's also the time Jamie Foxx starred in "Collateral" with Tom Cruise. Maybe their entire relationship is based on trading Tom Cruise horror stories. I mean, I'm sure they could both go on forever. And ever.

I guess, at the very least, they are both adult humans who have faces with all the requisite parts. But that's all I got.

Melanie Griffith on plastic surgery and Kris Jenner

Chatting with Porter, Melanie Griffith, 59, gets candid about the plastic surgery that has made her sort of unrecognizable. "No, I didn't [realize it had gone too far] until people started saying. 'Oh my God, what has she done?!' ...Hopefully, I look more normal now."

The actress dives deep into her romances with Don Johnson ("It was the most natural, perfect, loving thing"), Antonio Banderas ("Part of the reason my marriage ... fell apart was because I was stuck").

But I think what we're all here for is understanding when and how Kris Jenner got her claws in a person who is arguably at least part-time Hollywood royalty.

My guess? Rich ladies gonna rich. "We became best friends," Griffith says. "[Kris] is so much fun, so smart, so normal, and so loving. … When I had my back operation, she was there bringing me chopped salad!" Hey, Mel: If someone really cares about you, they don't bring you salad. They bring you carbs.

Apparently the love is mutual, with Jenner telling the mag, "She's got a heart of gold." What is happening?

And, more important, does this mean we can expect Griffith's daughter Dakota Johnson to make an appearance on "Keeping Up With The Kardashians," now? I don't think I could take it.

How Miranda Lambert deals with meltdowns

I didn't know until this moment, but Miranda Lambert is a wise, wise woman.

ALL PHOTOS GETTY IMAGES

According to Page Six, the country star revealed that she has her assistant pack what she delightfully calls a "nanny bag." "[My assistant] packs a bag of liquor for emergencies, for meltdowns and things like that."

The 33-year-old also admits she's been having an exciting fling with booze ever since her split from Blake Shelton. "I got divorced so I started drinking a little extra." I don't blame you, girl.

Honestly, Lambert probably needs a nanny bag for how hard Shelton and his new flame, Gwen Stefani, are pushing their relationship on people. Those two thirst-bots work so diligently at proving they are in an eternal, loving relationship that it stinks of ratings-hungry PR. It's like a horror film that we, the people, will suffer in forever.

Firmly #TeamLambert on this one, and forevermore.

Receive personal attention from a Board Certified Podiatrist*
Established in Manhattan for over 29 years
212-750-8344
www.precisionfootcare.com
133 East 58th • Suite 506 • NY, NY 10022
email us for an appointment today at precisionfootcare@gmail.com
BEFORE
AFTER
Warts • Heel Spurs • Fungus Nail
Ingrown Toenails • Nerve Pain • Cysts
Custom Inserts • Ulcers
Precision Footcare: DR. JOHN JURCISIN
Most Insurance Plans Accepted
Before work, lunch hour and evening appointments available

Noir twist in 'Archer'

Jessica Walter tries on being an organized crime boss in "Archer: Dreamland."

EVA KIS
@thisiskis
eva.kis@metro.us

Meet Mother, the head of L.A.'s main crime syndicate, in "Archer: Dreamland," premiering tonight at 10 p.m. on FXX. FOX BROADCASTING COMPANY

For an animated show about a foul-mouthed alcoholic spy — whose crew includes a nymphomaniac and a scientist with a hologram girlfriend — "Archer" has surprising depth.

The Emmy-winning spy satire, which kicks off its eighth season today on its new network FXX, also boasts a cast of the comedy world's elite, including "Arrested Development" matriarch Jessica Walter as the equally acerbic Malory Archer.

The government-sanctioned spy agency she began running back in 2009 has since been a drug cartel, a private investigation firm, and now a mafia-style organization set in the 1940s. (The new season is a noir dream as Archer lies in a coma after being shot last season.)

We talked to Walter about how "Archer: Dreamland" reinvents the show yet again, how she deals with her characters' various vices and the perfect escape from city life.

Season 8 is a shock even for longtime fans. Who is Malory now?

Malory is in the underbelly of the L.A. crime business, and she's much more aggressive and devious, if that's possible. All those traits that she always seemed to have simmering inside, of negativity and hostility, they've bubbled to the surface and she can now let them out. She's not "mom" anymore, even though her name is Mother.

She's been on both sides of the law. Do you think she likes being a good guy or a bad guy more?

She's not Miss Vanilla Ice Cream and she will never be. I can't even imagine if she were, which would be fun in a coming season, if she were this sweet little housewife with the apron — she couldn't take it for long. She's gotta be the boss, the top dog. And she's been that in all these different versions.

You're known for playing two cynical, judgmental women, Malory Archer and Lucille Bluth on "Arrested Development." Do fans hesitate to approach you?

Honestly, I don't think so at all. Especially in New York, people are so great, so cheery. I'm happy for anybody to recognize me at all because when I go out, unless it's for work, I'm a mess — no makeup, no hairdo, blue jeans and a ratty old sweatshirt.

GETTY

Has playing these two characters with drinking problems made you drink more?

Oh, no, no, no, absolutely not. My God, I'd be dead!

I ask because that's what happens to me watching a show with a lot of drinking or smoking.

Way long ago, I smoked cigarettes, when we didn't know any better 35 years ago, but I'd never ever pick up one again ever in my life. I quit in 1983 because I was so aware that you're committing suicide if you didn't quit. When I started smoking, which was in about 1968-9, I was a kid practically, we didn't know any of this. It was glamorized in the movies, we didn't know then. That's why today when I see people smoking I think, "How can they be so stupid as to do that?"

What do you do for fun?

We keep a car in the garage, and we go to our country house every single weekend. We take walks, we have three acres, it's like our own little forest. We have some friends we've made over the years, but we don't really do much, and that's the whole point. On the other hand, we could never live there full-time. We can't live without the hustle and bustle of New York, and yet we can't live without the quiet.

I have to ask, is there going to be another season of "Arrested Development"?

From your lips to God's ears. It should happen. They did call recently but we haven't heard back. They called our agents to see if it could happen. Hopefully, there will be.

Are You Shy?

- Do you get anxious in front of others?
- Do you feel embarrassed if you have to give a speech or perform at a public function?
- Do you avoid meeting new people, going to parties, or dating?
- Is it difficult to eat, drink, or write while others may be watching you?

If so, you may be suffering from Social Anxiety Disorder. If you are between 18 and 64 years of age, and feel that these problems interfere with your ability to achieve your goals or to enjoy life fully, you may be eligible for our research study of an investigational medication for Social Anxiety symptoms. Please call for more information.

(212) 595-5012
The Medical Research Network, LLC
134 E. 93rd Street, New York, NY • www.Medical Research Network.com

Hop to it!
THESE SAVINGS WON'T LAST LONG HONEY BUNNY!
VALID 4/1/17 - 4/30/17
$2000 OFF LIPOSUCTION

LEXINGTON PLASTIC SURGEONS
try.lexingtonplasticsurgeons.com/april | 115 E. 59th Street (b/w Park and Lexington Ave)
Call for a Free Consultation. 855-411-1049

SoHo 'gallery' showcases adoptable cats and dogs

You'll get a nice fuzz from this chic new SoHo lounge.

AMANDA MIKELBERG
@MetroNewYork
amanda.mikelberg@metro.us

Studio portrait of a mixed breed cat with blue eyes ISTOCK

"Take me to your tiny home" reads a sign hanging above a rather luxurious-looking cat-lounge. "I leap tall buildings in a single bound," adorns a topmost cubby, garnished with a black and white cat.

If you want to kick it with some Instagram-worthy cuties this weekend, go no further than Manhattan's new Pet Adoption Center that opened on Tuesday at 307 West Broadway.

The state-of-the art facility showcases adoptable animals from nine local and regional organizations, including the Animal Cares Centers of NYC (ACC) "in a gallery style setting." They get the full treatment until they get new homes.

It also has a 24-hour nursery devoted entirely to bottle-feeding the most vulnerable of the homeless pet population and a neo-natal unit designed for newborns rejected by their mothers — very common during the summer, which is referred to as "kitten season."

The Pet Adoption Center, led by the Best Friends Animal Society and a coalition of nearly 1,800 animal activist organizations, is committed to furthering a "no-kill" philosophy and was established to raise awareness of the nearly 5,500 dogs and cats in the U.S. sent to permanent slumber every day.

"New York has done an incredible job and been on the verge of being a no kill city ..."
Elizabeth Jensen

It's a "mission control center" to educate visitors and spread the word about implementing a national policy for a 90 percent save rate by 2025. The current national average is 69 percent.

"New York has done an incredible job and been on the verge of being a no kill city," said Elizabeth Jensen, executive director of Best Friends Animal Society. "In 2004, New York had a less than 50 percent save rate, and finished 2016 with a save rate of 89 percent, which is incredible."

The Pet Adoption Center is open 11 a.m. to 8 p.m. Monday through Saturday and 12 p.m. to 6 p.m. on Sunday.

THE ROCKEFELLER UNIVERSITY HOSPITAL
CENTER FOR CLINICAL AND TRANSLATIONAL SCIENCE

Looking for HIV+ individuals on treatment

Researchers at The Rockefeller University are seeking volunteers to receive a combination of investigational antibodies directed against HIV.

You may be eligible if you are:
- HIV positive
- Hepatitis B and C negative
- Taking HIV medications
- Between the ages of 18 to 65

Participation includes:
- 3 infusions of the antibodies
- Pause in HIV medication
- Blood work
- Follow up visits

Compensation is provided.

To learn more, contact our Recruitment Specialist at 1-800-RUCARES or email us at RUCARES@Rockefeller.edu

Specials all month long

www.spajolieny.com
212 229 1389

$50 Specials Choose one or more

- Deep Pore Facial
- Microdermabrasion
- Acne Laser
- Genesis For Firming Face, Hands Or Neck
- Skin Tightening Laser... Choose Any Area
- Slimming Body Wrap
- Body Exfoliate Scrub
- Laser For Small Area
- UV Gel Color Manicure With UV Gel Color Pedicure
- Full Body Wax
- Teeth Whitening

WE NOW HAVE PAINLESS STRIPLESS WAX
FREE CONSULTATIONS

Expires 4/30/17
180 7th Ave South, Btwn W 11th Street & Perry Street
Open 7 Days • Servicing NYC 24 years!
BEAUTY & YOUTH STAFF HAS JOINED OUR SPA

spa Jolie
Laser, Slimming & Anti Aging Spa

Are You a Tobacco User?

TAKE PART IN A PAID RESEARCH STUDY

Compensation for participation up to - $2000

inflamax RESEARCH

Inflamax Research is looking for smokers, vapers and chewing tobacco users to take part in our upcoming paid clinical research study

- Males & Females
- Ages 18+ in general good health

Contact for more details
1-888-989-1808

Visit
www.SmokingTrials.com

Met Council is accepting applications for the waiting list of affordable housing rental apartments in our building located at 332 **East 22nd Street, NY.**

For one person households, applicants must be 62 years old at the time of application; for two person households, the applicant must be 62 and the co-applicant 55 at the time of application.

Current Rent Range studio: **$1012- $1215**
Income Range: **$42,680 - $50,800 (1 person household)**
Current Range 1 bedroom: **$1052 - $1303**
Income Range: **$44,360 - $50,800 (1 person household) $44,360 - $58,000 (2 person household)**

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from: www.metcouncil.org/housing or requested by mail from Met Council: East 22nd Street Residence 120 Broadway, 7th floor New York, NY 10271

Please include a self-addressed envelope.
No broker or application fee.

solutions for **every** business
print • outdoor • online
to advertise, contact (212) 457-7735 or advertising@metro.us
metro media media.metro.us

Met Council is accepting applications for the waiting list of affordable housing rental apartments in our building located at 231 **East 77th Street, NY.**

For one person households, applicants must be 62 years old at the time of application; for two person households, the applicant must be 62 and the co-applicant 55 at the time of application.

Current Rent Range studio: **$1024- $1215**
Income Range: **$43,160 - $50,800 (1 person household)**
Current Range 1 bedroom: **$1048 - $1303**
Income Range: **$44,200 - $50,800 (1 person household) $44,200 - $58,000 (2 person household)**

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from: www.metcouncil.org/housing or requested by mail from Met Council: East 77th Street Residence 120 Broadway, 7th floor New York, NY 1027.

Please include a self-addressed envelope.
No broker or application fee.

Are you buying a house or a lottery ticket?

ALL PHOTOS ISTOCK

LOVE WHERE YOU LIVE

Don't expect to make millions off your crib.

NerdWallet is a personal finance website.

The same week legendary investor Warren Buffett put his California vacation house on the market, a friend's widowed mother had sold the family home in Cleveland.

Buffett bought his Laguna Beach place in 1971 for $150,000 and is asking $11 million. My friend's parents bought their home for $24,500 in 1965 and just sold it for $104,000. Put another way: If Buffett gets his asking price, his house will have appreciated at an annual rate of 9.79 percent. The Cleveland house eked out a 2.82 percent annual return.

Neither buyer could have predicted what their homes would be worth now. One could score a healthy return, while the other didn't even keep up with inflation. (If she had, her home would have been worth about $190,000.)

If you want an investment, buy stocks

Homes are a big part of most Americans' net worth. But whether a home purchase pays off huge, or pays off at all, is largely a function of geography. It's a kind of wealth inequality that doesn't get much attention but can have big consequences for your finances.

Stocks historically deliver better returns than investing in a home.

It means some people hit the real estate lottery, blessed with gobs of equity they can tap for spending or bailing themselves out in retirement even if they haven't saved enough. Others can do everything right — buying homes they can afford and diligently paying down their mortgages — but have far less to show for their efforts.

The solution isn't necessarily to buy into hot markets, since predicting which markets will outperform in the long run is pretty much impossible, says David Blitzer, managing director at S&P Dow Jones Indices, which publishes the S&P CoreLogic Case-Shiller Home Price Indices.

A better course is to invest in stocks, which historically deliver better returns than other investments and which help you build wealth regardless of where you live.

Think of a home as savings, not a retirement fund

People often believe homes are a better investment than they actually are. On average, home prices nationally have barely kept up with inflation since 1900, Blitzer says. Most of the nation's housing wealth is concentrated in just a few states, notably California, New York, Florida and Texas, according to an analysis by the Urban Institute.

Homes can offer tax breaks for mortgage interest, property taxes and capital gains, since the first $250,000 of home sale profit per owner typically is exempt from taxes. But homes also come with considerable costs that can't be deducted, including insurance, maintenance, repairs and upgrades (though improvements can reduce the possible tax bill if you sell at a big profit).

Stocks, by contrast, never need a new roof and outpace inflation over time by a fat margin. Theoretically, my friend's mother would be more than half a million dollars richer today if she and her husband had invested their $5,000 down payment in the Standard & Poor's 500 stocks instead.

Without a crystal ball, people need to hedge their bets. Buying a home can be a kind of forced savings that results in at least some equity, regardless of market conditions. But most people should be wary of advice that encourages them to "stretch" to buy a house or view their home as an investment.

"Buy your house for what you need for your family," says certified financial planner Tim Obendorf of Chicago. "Don't count on your home appreciating 5 percent a year and being your retirement savings." **LIZ WESTON**

Bankrate.com
Deposit & Loan Guide
Metro New York
Check rates daily at http://metronewyork.interest.com

Institution	Int Chking Acct Min	Money Mkt Acct Min	3 mo CD Min	6 mo CD Min	12 mo CD Min	18 mo CD Min	24 mo CD Min	36 mo CD Min	60 mo CD Min	Phone / Website
Synchrony Bank	NA	0.85	NA	NA	1.35	1.25	1.60	1.75	2.30	800-869-3813
	NA	30	NA	NA	2,000	2,000	2,000	2,000	25,000	www.myoptimizerplus.com

Great Rates + Safety = Peace of Mind. Member FDIC.

Legend: Rates effective as of 4/3/17 and may change without notice. All institutions are FDIC or NCUA insured. Rates may change after the account is opened. N/A means rates are not available or not offered at press time. Yields represent annual percentage yield (APY) paid by participating institutions. Fees may reduce the earnings on the account. A penalty may be imposed for early withdrawal. Banks, Thrifts and credit unions pay to advertise in this guide which is compiled by Bankrate.com®, a publication of Bankrate, LLC. © 2017. **To appear in this table, call 800-509-4636. To report any inaccuracies, call 888-509-4636. • http://metronewyork.interest.com**

Always room for dessert

Meet Instagram foodies, the Hungry Twins.

LUZ LANCHEROS/ MWN
@MetroNewYork
letters@metro.us

ALL PHOTOS @ HUNGRYTWINS

If you are a fan of sweets, visit the Instagram account of Hungry Twins, the foodies who share the tastiest and most extraordinary desserts from around the globe. Their photographs and short videos feature chocolate, cream and caramel-based mixtures you have never imagined. We caught up with the identical twins, who have amassed 497,000-plus followers.

Why did you decided to create @hungrytwins on Instagram?

We started our account when we were in our senior year in high school. We were bored and just kidding around. We never thought it would actually become anything. We are huge foodies and wanted to share our love of food online. People loved the drool-worthy pics and puns that we used for the photographs and the account grew rapidly.

How do you source the content?

We are sent countless direct messages, emails and Instagram tags daily with delicious food posts. Most of the time, the pictures and videos that we upload are not our own. It is usually content sent to us. We do post our own baking treats to the account sometimes and plan on increasing the amount of our individual dessert shots and videos in the near future.

So you do know how to bake?

We love to cook and bake. We are always in the kitchen making treats for our family and friends.

How do you pick the food to feature on @ hungrytwins?

When choosing pictures and videos, we make sure that the posts are high-quality and colorful. We tend to post food that is calorific and indulgent because we know that is what our followers love to see!

When did your love of food start?

We were always experimenting in the kitchen and trying out new recipes, even when we were little kids. Our mother's cooking and baking skills are top notch, so it would be pretty impossible for us not to love food around her delicious treats.

But why do you prefer desserts over anything else?

We love cooking all types of delicious foods. But desserts are definitely our favorite because it's so easy to go a bit overboard with them. An extra drizzle of Nutella goes a long way.

VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST •

POCONOS' LEADING HOME BUILDER

The Canterbury Starting at $249,900

LTS Will Beat Any Builder's Incentive*!

Don't gamble with another builder. Build with the best! Visit LTS.

LTS HOMES
EXCEEDING EXPECTATIONS™

- Closest locations to NY and NJ
- Best quality, value & service
- Low down payments & interest rates
- Home designs starting at $189,900

Call Today! 800-587-5432

GWB to I-80W into PA exit 309, go ¼ mi.

Models open daily!

Certain LTS communities consist of properties that are bound by a Homeowners Association, offered through a PA Offering Statement. This ad is not intended as an offer to residents in states where properties are not registered. *Based on incentives advertised by PA Builders in the NY Daily News within the same week, and within 20 miles from our office. This offer may be withdrawn at any time.

WWW.LTSHOMES.COM

BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST •

Do you Smoke or Vape?

TAKE PART IN A PAID RESEARCH STUDY

Compensation for participation up to - $2000

inflamax RESEARCH

Inflamax Research is looking for smokers, vapers and chewing tobacco users to take part in our upcoming paid clinical research study
- Males & Females
- Ages 18+ in general good health

Contact for more details
1-888-989-1808

Visit
www.SmokingTrials.com

Knee Arthritis Pain?

FREE Video And Report reveals cutting- edge medical treatments every knee arthritis sufferer should know about

Modern medicine has come a long way. The success stories and lives saved are endless.

And now, through advanced technology and science - skilled medical doctors are helping more knee arthritis pain sufferers than ever before.

But with the blistering pace modern medicine advances... how do you know what treatments are your best options and what doctors offers them? Here is how....

This is Matt from NYC Pain MD. NYC Pain MD is a medical clinic in New York City that has medical doctors specially trained in the most advanced, cutting-edge knee arthritis treatments available.

And we have put together an information kit that that details some of these advanced medical procedures that have already helped thousands. Including what you need to know about joint lubricating injections, platelet rich plasma (PRP), stem cell therapy... and more.

The free information kit contains a video and report that will also explain the two arthritis treatments paths you should know about and what ***"Precision Arthritis Targeting Technology"*** is and why is might relieve your pain.

How To Get Your Free Information Kit

All you have to do is go to paintreatmentnyc.com and put your name and email address in the space provided and we will email you a video and PDF report detailing what treatment options could be the best for your arthritis pain and how we might be able to help you.

Just go to Paintreatmentnyc.com put your name and email in the form and you will have the free information kit in minutes.

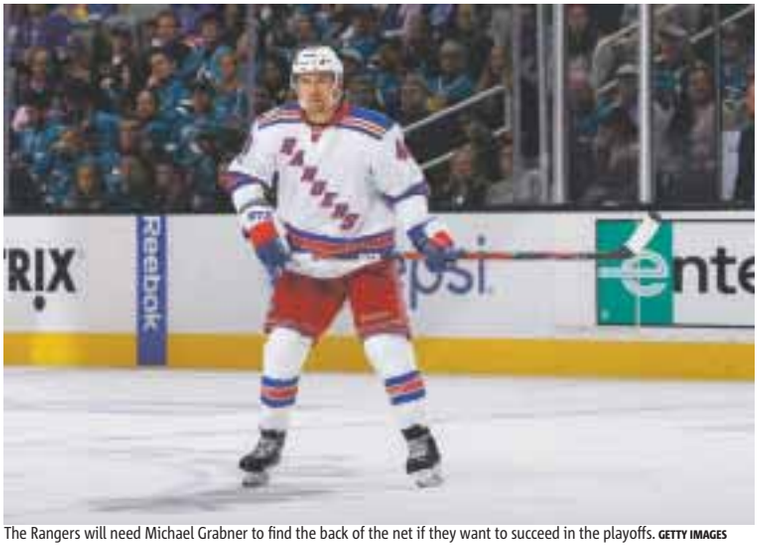
We will also send you a way to get a free screening to see if you qualify for one of our treatments. It is 100% free with no further obligation. If you are interested... awesome. If not, that's ok... at least you will have all the information.

After getting this information and watching the video... you will breathe a big sigh of relief knowing what your best options are and what treatments might finally relieve some or even all of your knee arthritis pain.

P.S. We are real doctors and you will be getting real medical advice about real medical treatments. This is not some fake "wonder cure." This is only for you if you are looking for a possible real medical solution for your knee arthritis pain.

P.P.S. If you have any questions, feel free to call right now 800-832-8426

Free information kit:
paintreatmentnyc.com
NYC Pain MD 800-832-8426
65 Broadway Suite 1004
New York, N.Y.



The Rangers will need Michael Grabner to find the back of the net if they want to succeed in the playoffs. GETTY IMAGES

Grabner's slump coming at the wrong time for Rangers

The winger has scored just one goal in his last 20 games.

JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

Just three regular-season games remain for the New York Rangers before their seventh-straight postseason appearance and it already looks as though their opponent is set.

Holding the No. 1 wild-card spot in the East, the Rangers are too far back to catch either the Columbus Blue Jackets or Pittsburgh Penguins for the final spot in the Metropolitan Division.

As the top wild-card team, New York will draw the East's weakest division winner, which is the Montreal Canadiens in the Atlantic Division.

With 101 points, the Habs clinched their division on Monday with a victory over the Florida Panthers. Still, they have a double-digit disadvantage compared to the current Metropolitan Division-leading Washington Capitals, meaning the Rangers are their only possible first-round matchup.

A matchup like this makes goaltending enthusiasts salivate as Montreal's Carey Price will defend his crease opposite New York's Henrik Lundqvist, who is still capable of standing on his head despite experiencing one of the worst seasons of his career.

The Canadiens' defense in front of Price has rounded out a solid unit that is tough to score on as they have allowed the fourth-least amount of goals in the NHL entering Tuesday night.

New York could provide a serious challenge for them considering it has scored 252 goals this year, fourth most in the league.

The Rangers have 10 different players with 11 goals or more and four over 20. Among them, Michael Grabner was one of the most pleasant surprises of the 2016-17 season after scoring 26 goals in his first 53 games.

He was also the season's best bargain considering the Rangers signed him to an inexpensive two-year, $3.3 million deal over the summer.

However, the wheels have fallen off for him since then as he is mired in a major slump, scoring just once in the last 20 games.

"Now you get a little bit of a glimpse of why I scored nine goals last year," Grabner told Brett Cyrgalis of the New York Post. "Most of the year last year was like that, where I was just getting a lot of chances and they wouldn't go in."

Those inconsistencies have prevented the speedy winger from developing into one of the better offensive threats in the NHL.

After scoring 34 goals with the New York Islanders during his first full season in 2010-11, Grabner's output decreased over the next three years from 20, to 16 and then to 12.

He scored just eight goals in an injury-shortened 2014-15 season, which was his final year with the Islanders before being dealt to the Toronto Maple Leafs for five players.

There was cause for concern when he signed with the Rangers considering his streaky tendencies. He possessed the intangibles to cause defenses fits with his speed and agility, but his finishing has always held him back.

Had Grabner found a system that worked on breakaways — or near the net for that matter — there would be a legitimate chance that he could be a 50-goal scorer.

That's not an exaggeration either.

Despite his slump, the 29-year-old is still second on the team in goals behind Chris Kreider's 28, but he has to find his scoring touch quickly or else the Rangers will have a difficult time generating any offense against Price and the Canadiens.

Bartolo Colon set to face old team in Mets on Wednesday

The 44-year-old will be at Citi Field as a member of the Atlanta Braves.

JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

Bartolo Colon will make his first start for the Braves on Wednesday. GETTY IMAGES

Everyone's favorite Met will head to the mound for his first start of the season on Wednesday night.

The problem is that he'll be wearing a Braves uniform as Bartolo Colon, who made his MLB debut 20 years ago on Tuesday, will be pitching against Jacob deGrom (7:10 p.m. ET) at Citi Field.

Regardless, expect a warm ovation that was previewed on Opening Day when he was introduced to the crowd during pre-game ceremonies.

Colon spent just three seasons with the Mets, but it was as memorable a tenure as anyone has experienced while wearing blue and orange.

He defied the concept of time, considering he was already on the wrong side of 40 upon his arrival to Queens. But he managed to eat innings while garnering plenty of smiles along the way.

He also managed to stay healthy, well, in terms of not missing much time due to injury.

Turning 44 in May and holding the title as league's oldest player, "Big Sexy" did not necessarily fit the mold of an ideal ballplayer in terms of physical fitness, but he always found a way to get things done.

He went 44-34 with a 3.90 ERA, exhibited surprising athleticism when it came to fielding his position and launched a memorable first-career home run last season against the San Diego Padres.

SNY broadcaster Gary Cohen, incredulous to what he saw, labeled Colon's blast as "one of the great moments in the history of baseball."

More importantly, he had a lasting effect on the younger arms within the Mets' pitching staff.

"This guy gave us quality inning after quality inning," Mets manager Terry Collins told Newsday's Laura Albanese. "He was a force with the young Latin players. Still today, Hansel Robles' development, Jeurys Familia's development is in correlation with the fact that Bartolo Colon is in that room. They came fast and I think he taught them how to be major-league pitchers, how to go about things, how to take the good with the bad, and we're going to miss that. But as you know, those kind of guys, they have to take on that role now."

Within a pitching staff that experienced so much change and tinkering due to injuries over the years, Colon was a calming presence within the rotation and went about his duties in the same tranquil manner no matter the stage.

During the Mets' run to the World Series in 2015, Colon appeared in seven postseason games, allowing just two earned runs on seven hits in a combined 8.2 innings.

He opted not to speak with the media until after his start on Wednesday night, but he won't have as easy a time shrugging off the Citi Field faithful who will want to thank Big Bart for his time in New York in a big way.

MEDICAL RESEARCH
To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

**Has your thinking slowed down over time?
Do you walk and move more slowly than you used to?
Is your energy level lower than you'd like it to be?**

Join a research study at the Columbia University Medical Center. We are looking for participants aged 60 or older to get involved. This study is happening at 168th Street and Broadway in Manhattan. If eligible you could get:

✓ *A free medical evaluation*
✓ *Free treatment with an experimental medication*

Call us at **646-774-8655**
if you would like to learn more or participate.

**Do you have an alcohol problem?
Are you 18 years or older?**

NYU School of Medicine is seeking adult volunteers to participate in a research study evaluating the effectiveness of medications in reducing alcohol use.

Eligible participants will receive treatment at no cost and be seen at Bellevue Hospital Center. Compensation will be provided for time and travel.

For more information call
(347) 714-4254
NYU School of Medicine
All information held confidential

Are you worried about your own memory or the memory of a loved one? Is there a history of Dementia or Alzheimer's Disease in your family?

This is a research study for individuals **age 55-95** with memory complaints to see if one's sense of smell can predict response to memory treatment.

If eligible, participants receive:
- Medical evaluation
- 1 year of treatment for memory deficits
- Memory/cognitive performance monitoring by experts
- Sense of smell testing
- Monetary compensation

If interested, please call
(646) 774-7204 *or* **(646) 774-7202**

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by a research grant from the National Institute of Health.

COLUMBIA UNIVERSITY MEDICAL CENTER
Discover. Educate. Care. Lead.

Are you or a loved one suffering from Alzheimer's disease?

Free Treatment for individuals ages 55-95 with Alzheimer's disease who have symptoms of Agitation or Aggression

In this research study, eligible participants will receive free:
Medical evaluation
Monitoring of memory and other intellectual functions
12 weeks of study treatment with subsequent follow up

A caregiver needs to be involved during the research study period

If interested, please call (646) 774-8668

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

COLUMBIA UNIVERSITY MEDICAL CENTER

HEY, ARE YOU 12 TO 16 YEARS OLD WITH BODY AND SCALP PSORIASIS?
HELP TEST AN INVESTIGATIONAL TREATMENT AND MAKE A REAL DIFFERENCE TO THOSE GROWING UP WITH THE CONDITION. JOIN THIS CLINICAL STUDY AND BE A PSUPER HERO.
THE PSUPER HERO STUDY

TO LEARN MORE ABOUT TAKING PART
PLEASE VISIT COOKBOLDENSKINANDLASER.COM
OR CONTACT THE PSUPER PSTUDY TEAM AT 212-223-6599

HEALTH INSURANCE IS NOT NEEDED
TO PARTICIPATE AND YOU MAY RECEIVE
COMPENSATION FOR TIME AND TRAVEL.

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Lower Urinary Tract Symptom Research Study

- Have you been experiencing lower urinary tract symptoms such as frequency, urgency, weak stream, and nighttime urination?
- Are you a male 45 years of age or older?

If you can answer yes to the questions above, you may be eligible to participate in a clinical research trial.

Our study seeks to evaluate the safety and effectiveness of an investigational new drug in men with lower urinary tract symptoms.

There may be compensation available for participating in the study.

If you are interested in participating or want to learn more about this study, please contact us at **516-746-2190**

THE ROCKEFELLER UNIVERSITY HOSPITAL
CENTER FOR CLINICAL AND TRANSLATIONAL SCIENCE

Looking for an alternative to your current HIV treatment? What if treatment were only once a month?

Researchers at The Rockefeller University and the Aaron Diamond AIDS Research Center (ADARC) are conducting a study to test monthly, injectable HIV treatment.

You may be eligible if you are:

- At least 18 years of age
- On HIV treatment for at least 1 year
- Virally suppressed for at least 6 months
- Willing to consider injectable treatment

Participation includes:

- Blood tests
- Questionnaires
- Receipt of the study medication

Compensation is provided

To learn more, contact our Recruitment Specialist at 1-800-RUCARES or email us at RUCARES@Rockefeller.edu

LEGAL SERVICES

To advertise call Thomas Franke at 212-457-7751 or email thomas.franke@metro.us

BANKRUPTCY ATTORNEY

Bankruptcy Only • Specializing in Chapter 7 • Low Fee
One Fee for All • Installments
Personal Attention • Free Consultation

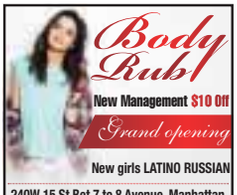
Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Fresh Start with Heart

SPA & MASSAGE

To advertise with Metro, email peter.blankenstein@metro.us



Body Rub!
New Management $10 Off
Grand opening
New girls LATINO RUSSIAN
240W 15 St Bet 7 to 8 Avenue, Manhattan
Open 7 days | Time 12 to 10.30pm
Tel 212-727-7458

BODY WORK
Latino Russian Asian

50th St. W • 212-956-7976
11am to 8am (21hrs)

28th St. E. Lexington Ave
646-682-7032
11am to 8am (21hrs)

9th St. E
646-918-6116
11am to 8am (21hrs)

15th St. W
212-727-7458
11am to 9.30pm

48th St. W • 212-247-8899
11am to 8am (21hrs)

89th St. E • 212-369-4345
12-10:30pm

BANKRUPTCY

917-783-0906

GET RID OF UNWANTED DEBT

LAW OFFICES OF HOWARD WARNER
116 W 23rd Street, 5th Fl., NYC, NY
136-17 39th Ave, Flushing

Kulik Law Firm, P.C

212.385.4004

PERSONAL INJURY

- **Auto, Construction, Slip/Fall, Work Accidents**
- **Medical Malpractice**
- **Wrongful Death and Catastrophic Injuries**

305 Broadway, Suite 300, New York, NY10007

English Español Français 中文 русский

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT: QUEENS COUNTY. MICHAEL BENJAMIN, Pltf. Vs. DAVID W. OGARRO and WHIMYRE DAVID OGARRO, Deft. Pursuant to Interlocutory Judgment of Partition and Sale dated, Oct. 27, 2016 I will sell at auction in Courtroom #25 of the Queens County Supreme Court, 88-11 Sutphin Blvd., Jamaica, NY on April 28, 2017 at 10:00 A.M. prem. k/a 143-37 Glassboro Avenue, Jamaica, New York, 11435. All that certain plot piece or parcel of land, with buildings and improvements erected, situate, laying and being in the Borough of Queens, County of Queens, City and State of NY, Block 11935 Lot 33. Premises will be sold subject to provisions of filed Interlocutory Judgment and Posted Terms of Sale. Index# 18145/14. Gary M. Darche, Esq, Referee Greenberg & Merola, LLP Attorneys for the Plaintiff 2280 Grand Avenue, Suite 202 Baldwin, NY 11510 (516)887-1975

metro CLASSIFIEDS
To place an ad call 866-900-9473

ITEMS WANTED

Absolute Yes! SAME DAY
!CASH PAID!
$45 AcuChek 100/Smartview100
888-415-0796 instant!
for Diabetic Test Strips
224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

SERVICES

Facing Foreclosure?
Do A Short Sale!
All circumstances reviewed
917-691-3676
E-mail: Jeffshomes4u@gmail.com
Jeff Schonsky - Licensed R.E. Salesperson
K Land Realty Inc. Licensed Real Estate Broker
135-27 Roosevelt Ave. Flushing, NY 11354
718-650-1616

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT: QUEENS COUNTY
FEDERAL NATIONAL MORTGAGE ASSOCIATION ("FANNIE MAE"), A CORPORATION ORGANIZED AND EXISTING UNDER THE LAWS OF THE UNITED STATES OF AMERICA;
Plaintiff(s) vs.
JANE MARTIN-ALLEYNE AS NEXT OF KIN AND HEIR AT LAW TO REGINALD MARTIN; et al;
Defendant(s)
Attorney(s) for Plaintiff(s): ROSICKI, ROSICKI & ASSOCIATES, P.C.,
2 Summit Court, Suite 301, Fishkill, NY 12524, 845.897.1600
Pursuant to judgment of foreclosure and sale Granted herein on or about February 8, 2016, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, Located at 88-11 SUTPHN BOULEVARD, JAMAICA, NEW YORK 11435. On April 21, 2017 at 10:00 am. Premises known as 104-49 165TH STREET, JAMAICA, NY 11433. Block: 10164 Lot: 0021
All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens, City and State of New York, known and designated as the northerly 24.60 feet of Lot 114 on a certain map entitled, "Map of Property in the Village of Jamaica, belong to the Estate of John Case, deceased, surveyed by C.E. Conklin, C.E. and C.S. February 18, 1892" and filed in the Office of the Clerk (no Register) of the County of Queens on May 22, 1993 as Map No. 1159.
As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment $383,414.91 plus interest and costs.
INDEX NO. 705718/2014
Stephen Hans, Esq., Referee

NOTICE IS HEREBY GIVEN that a license, Number 1300963, for On Premise has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 138-59 Queens Blvd., Briarwood, NY 11435, for on premises consumption. Los Bucaros Restaurant Inc.

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY
U.S BANK TRUST,
N.A. AS TRUSTEE
FOR LSF9 MASTER
PARTICIPATION TRUST,
Plaintiff(s) vs.
MICHAEL BASCOM;
MARION BIRCH; et al;
Defendant(s).
Attorney(s) for Plaintiff(s):
ROSICKI, ROSICKI &
ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, NY 12524, 845.897.1600
Pursuant to judgment of foreclosure and sale granted herein on or about February 2, 2017, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM #25. On April 21, 2017 at 10:00 am. Premises known as 119-71 130TH ST, SOUTH OZONE PARK,CAMBRIA HEIGHTS, NY 11420. Block: 11754 Lot: 21
ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in Jamaica, Fourth Ward, Borough and County of Queens, City and State of New York, known and designated as lot 64 in block 42 on a certain map entitled "Map of Richmond Hill Arcade Number 3", filed in the Office of the Clerk of the County of Queens, February 27, 1922 as Map No. 4084.
As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale.
Approximate amount of judgment $510,481.35 plus interest and costs.
INDEX NO. 12265/11
Arthur N. Terranova, Esq., Referee

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY
HSBC Bank USA,
National Association as
Trustee for Wells Fargo Asset Securities Corporation, Mortgage Asset-Backed Pass-Through Certificates, Series 2007-PA3;
Plaintiff(s) vs.
ALEX CORONEL;
SUSAN CORONEL; et al;
Defendant(s)
Attorney(s) for Plaintiff(s):
ROSICKI, ROSICKI &
ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, NY 12524, 845.897.1600
Pursuant to judgment of foreclosure and sale granted herein on or about
February 17, 2017, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT,
located at 88-11 SUTPHN BOULEVARD, JAMAICA,
NEW YORK , IN COURTROOM #25. on April 21, 2017 at 10:00 am. Premises known as
58-23 60TH PLACE, MASPETH, NY 11378, Block: 2727 Lot: 2
ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens, City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale.
Approximate amount of judgment $627,522.15 plus interest and costs.
INDEX NO. 11927/13
Kerry John Katsorhis, Esq., Referee

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY
JPMORGAN CHASE
BANK, N.A.: Plaintiff(s) vs.
SHAHID BASHIR; et al;
Defendant(s)
Attorney(s) for Plaintiff(s):
ROSICKI, ROSICKI &
ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, NY 12524,
845.897.1600.
Pursuant to judgment of foreclosure and sale granted herein on or about February 3, 2017, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK,
IN COURTROOM #25.
On April 28, 2017 at 10:00 am.
Premises known as 81-33 164TH PL, JAMAICA,
NY 11432, Block: 7025 Lot: 35.
ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens, City and State of New York.
As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the conditions contained in said judgment and terms of sale.
Approximate amount of judgment $357,718.01 plus interest and costs.
INDEX NO. 14067/09
Brandon Lamour Freycinet, Esq., Referee

ATTENTION RCN CABLE CUSTOMERS:

As of 5/1/17, AWE network will no longer be carried on the RCN NY channel lineup.
Questions?
Call 1.800.RING.RCN

NOTICE IS HEREBY GIVEN that a license, Number 1300954, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 31-33 Bedford St., New York, NY 10014, for on-premises consumption. Emmy Squared Bedford LLC.

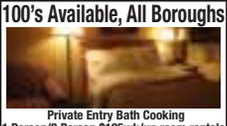
REAL ESTATE

Rooms for Rent

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $150/wk.
Call Us Now:(212)368-2685

100's Available, All Boroughs



Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-682-0108

Manhattan & Bronx Rooms

Private rooms in apt. Fully equipped. Start 150 wifi/cable included.
Move same day! • (212) 862-0457

REAL ESTATE

Real Estate for Sale

WAREHOUSE FOR LEASE LIC

CENTRALLY LOCATED AT 36-53 35TH STREET- LESS THAN 5 MINUTES FROM 9 TRAIN LINES, 3 BRIDGES (TRIBOROUGH, RFK BRIDGE, PULASKI AND MIDTOWN TUNNEL)
DESCRIPTION: LARGE WAREHOUSE TOTAL OF 2,500 SQUARE FEET INTERIOR HAS OFFICE SPACE CAN HOLD APPROXIMATELY 5 STAFF MEMBERS
14' GATE..LOCATION IS SUPERB LOCATION!!
CALL ME TO SCHEDULE VIEWING 347-539-0052

CAREER TRAINING

HHA/CNA Training NYSED

Slow learner? Long time out of school? Job Placement Assistance $14.09/per hr
All benefits included
Call #718.349.8003

CAREER TRAINING

Access Careers, Brooklyn
Are You HHA? Upgrade to CNA/PCT!!!

- Home Health Aide
- Nurse Aide (CNA)
- EKG & Phlebotomy
- Patient Care Tech
- Physical Therapy Aide
- Medical Assistant
- Medical Bill & Coding

Call Now: 866-487-5432
25 Elm Place, # 201, Brooklyn, NY 11201

- Licensed by NYSED.
- Onsite State & National Examination.
- Easy weekly Payment Plan.

ACCESS INSTITUTE

JOBS
We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- MED Billing/Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Fashion Designing
- Media concepts: Audio • Video
- Solar Tech
- SAP

US Vets Call Now

FREE TRAINING IF QUALIFIED
STUDENTS VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES
6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING
BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS
1(800) 220-5494 or (718) 205-0557
pestcontrolschoolny.com | pestmanagementsciences@yahoo.com
Call or Text #917.653.0319

JOBS

General Help Wanted

HOME HELPER WANTED

HHA FOR GREATER PAY!
Without HHA? You can still help elderly friends & family members for great pay!
646-799-6062
646-660-0530
or visit us at: 110 West 34th St. Suite 1207 Manhattan, M-F, 10-5

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

JOBS

General Help Wanted

need help filling your jobs in the healthcare industry? call metro today!
To advertise, contact Tom Franke at 212.457.7840 or thomas.franke@metro.us
metro

DRIVER'S WANTED
$200,000 + per year
FT/PT, will train, M/F.
Need car and cell phone.
#212-330-8099
#609-854-6517

Early morning distribution of Metro papers 6AM to 9Am Monday thru Friday. Contact Mary Ann at 212 457-7852.

Education

HIGH SCHOOL DIPLOMA

If you're 18 or older you can complete your high school education at home right now in as few as 2 months
212-967-7010
469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)
Liberty H.S. Brattleboro, Vt.

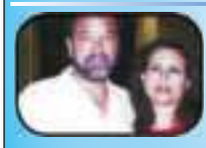
PSYCHICS

SPIRITUAL HEALER ANNA
Finally there is a born gifted healer you can trust...

She has over 40 yrs exp. She will know the causes of your problems without asking any questions & knows how to solve them, reveal names of enemies, reunite lovers, stops divorce, cure sickness, help childless couples, bring success to business, jobs, exams, etc.

If Anna cannot help you no one can! She is superior to all others. She is one of the only certified Spiritual healers.

Reading by Phone First Reading Free



MARRIED COUPLE
Someone had wished I wouldn't marry the man I love... Thanks to Anna we are now happily married!

FAMILY
We have been married for six years and had no children. Thanks to Anna we now have two healthy kids.

HUSBAND & WIFE
Our business was failing, we had no hope until my husband called Anna for help. A few days later we started to see amazing results!

347-368-2424

RAJA RAJESHWARI ASTROLOGY

MOST POWERFUL & SUCCESSFUL SPIRITUALIST FROM INDIA

SURYA KRISHNA

ALL NATIONALITIES ARE WELCOME!
I WILL PREDICT PAST, PRESENT & FUTURE

I WILL REMOVE AND DESTROY BAD LUCK, WITCHCRAFT OBEAH, JADOO, VOODOO & BLACK MAGIC PERMANENTLY

- Are you involve with any court cases/litigation/family problems?
- Are you struggling with your business/job/profession?
- Are you losing your property/real estate/money?
- Have you ever had miscarriage/problems with pregnancy?
- Do you know anyone that has an evil possession inside the body?
- Do you have lot of blockages/bad luck in your success?
- Do you believe that someone has done black magic on you?
- Do you believe that someone has done kaala jadoo for you?
- Do you often have strange, scary dreams and sleepless nights?
- Does your spouse (husband/wife) fight with you often?
- Do your children have drinks/drug addiction problem?

OPEN 7 DAYS A WEEK

SPECIALIZED IN BRINGING LOVED ONES BACK

929-398-4501

113-14 LIBERTY AVE. S. RICHMOND HILL, NY 11419 (Next to Apna Bazar)

MOST POWERFUL AFRICAN PSYCHIC

Mr. KALLO
LOVE GURU

39 Years Experienced LOVE EXPERT

I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

NO MORE PAIN, NO MORE DISSAPPOINTMENT, MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

PROFESSOR

ABU SALAM

MYSTICAL AFRICAN ADVISOR& HEALER.
20 YEARS OF EXPERIENCE COMBINED ANCESTORS POWERS & BLACK MAGIC.

CAN HELP YOU SOLVING ALL YOUR ISSUES EVEN THE MOST DIFFICULT ONE.

LOVE SPECIALIST: RETURN OF LOVED ONE IN THE QUICKEST WAY EVEN HOPELESS CASE
BLACK MAGIC: RELEASE FROM SPELL, MYSTICAL ABUSE, PROTECTION, GOOD& BAD LUCK, FAMILY ISSUES, COURT & EXAM, FINANCES & CAREER, GAMBLING, SEXUAL POWDER ETC...

7 DAYS RESULTS. BY APPT ONLY.

Call 917 595 9916
116 St MANHATTAN NY
WWW.PSYCHICSALAM.COM

SHEIKH MANSOUR

INTERNATIONAL SPIRITUAL HEALER WITH BORN GIFTED POWER AND EXPERIENCE

Super natural gifted man who helps both internal & external matters in marriage, love, court, business, luck, gambling, protection, returning love one back.

EXPERT IN ALL OCCULTIST HUMAN PROBLEMS.
ONLY ONE VISIT WILL LEAD YOU TO THE RIGHT PATH!
CALL NOW FOR JOY!
RESULTS IN A FEW DAYS
GUARANTEED 100%
Call 347-261-0226

SERIGNE

Spiritual Healer & Coach

Bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, job, success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection. Destroy spells, obia, Hexes and curses.
Results in 7 Day!

917-679-1518
OR 917-535-8612
SpiritualRestore.com

Mr. SAIDOU

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948
www.spiritualsaidou.com
132nd Street, 7th Ave., Manhattan, NY

Sheikh Fode

International Spiritual Healer and Clairvoyant

With 40 years of experience, inherited through family with reputation of helping people all over the world. I can solve your problems in the quickest way! Are you suffering from evil influences, blockages, unknown diseases or unhappy situations that you cannot get out of it? If so, then contact Sheikh Fode. Problems Solved in 7 Nights!

100% guaranteed!

Call now #347-798-7742
Manhattan, NYC

MR. HABIB SPIRITUALIST

Specialist in love, relationships, family problems, business, exams, career, jobs, Court case, bad luck, black magic, protection and more...Very Rapid Results

Located in Brooklyn

Call now
646-361-6440 or
646-764-6939
24 Hours Results
100% Guaranteed

Everything you need to know to get ahead — every Monday
And every day on metro.us

To advertise, contact
(212) 457-7735
or advertising@metro.us

PLAY OUR NEWS QUIZ, WIN $100! (see page 2)

metro.us/games

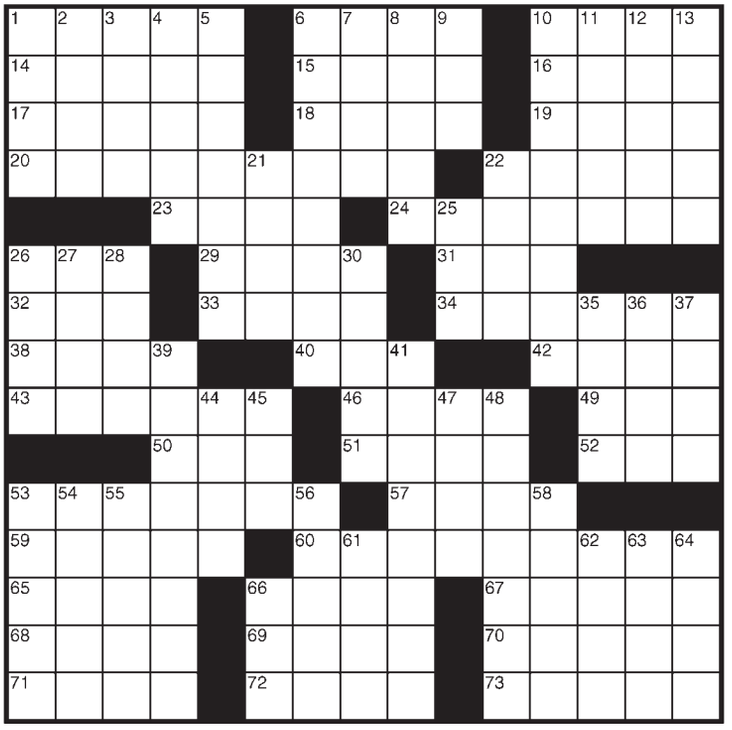
metro.us/crossword

Across

1 Medieval tales
6 PC screens
10 Frontier, once
14 Pong creator
15 Busy places
16 Harness part
17 Touch base (2 wds.)
18 Shepard or Greenspan
19 Disney CEO Bob --
20 Spread thickly
22 Globe substitute
23 Kachina doll maker
24 Genuine
26 KLM rival
29 Ricci or Foch
31 Pasture sound
32 Std.
33 Nature's bandage
34 Gauchos locale
38 Kin's partner
40 Well-known uncle
42 Tusked animal
43 Flowed out
46 Anagram for vats
49 Mohawk-sporting actor (2 wds.)
50 Central
51 Proofread
52 Soup ingredient
53 Indonesia's capital
57 Obey
59 Coeur d'--, Idaho
60 Scowling
65 Explore sunken ships
66 Stead
67 Cowboy meet
68 Malicious
69 Sorrowful cry
70 January, in Jalisco
71 Withhold
72 Dried up
73 Exorcist's quarry

Down

1 Gangland guns
2 Term paper abbr. (2 wds.)
3 "Beowulf," e.g.
4 Kind of serum
5 Draws off
6 Queens, in old Russia
7 Actor's quest
8 Warty critters
9 Job application info
10 Poet James -- Riley
11 Silent flyer
12 Finger-paint
13 Succinct
21 Grand in scale
22 Dwarf buffalo
25 Holy terror
26 Rice wine
27 Hertz rival
28 Certain NCOs
30 Diminish
35 Magnificence
36 Berne's river
37 Mex. miss
39 Compassionately
41 Pandemonium
44 Gael republic
45 Banned bug spray
47 Point of --
48 Took the helm
53 Blase
54 Still in the game
55 McHale of the NBA
56 Nimble
58 Male honeybee
61 Noted limerick writer
62 Footnote word
63 Orchid-loving Wolfe
64 Mob member
66 Fa followers



metro.us/sudoku

easy

	5	7		3			6	
1				6	4	8		
6					2		1	
9				1		7	5	
				2				
	4	5		8				2
	9		3					7
		6	1	5				9
	7			9		6	4	

hard

				8			4	6
7			5				9	
		4	7		6			5
2		9	3					
	3		4		5		6	
					9	8		7
4			8		1	6		
	7				2			1
1	5			3				

metro.us/horoscopes

Aries Keep an open mind and learn all you can. The information you pick up will encourage you to make smart, well-thought-out changes instead of acting on impulse.

Taurus Don't fold under pressure. You must watch for signs of excess or inconsistency when working with others. Good fortune will come from you using common sense.

Gemini Don't divulge personal information. Someone will try to make you look bad. Rely on experience to keep from making certain mistakes when dealing with situations.

Cancer Be cautious if someone from your past contacts you. Ulterior motives are present, regardless of the compliments and kindness offered you.

Leo Controversy will lead to an argument. Have your facts and figures ready, or you may have to rethink your plans. Going over your budget will not be acceptable.

Virgo Someone's personal information will be withheld from you. Don't feel the need to make a decision regarding philosophy or your personal beliefs in order to fit in.

Libra Joining forces with someone you have worked with in the past should be carried out carefully. Don't compromise your current position in order to help out a friend.

Scorpio Participate in events, retreats and courses that engage you. Doing something special with a loved one will bring you closer together. A lifestyle change will do good.

Sagittarius Do something that will challenge you, but not cost you emotionally, mentally or financially. An impulsive but frugal move will put you in a good position.

Capricorn If you look at your past, you'll discover something that will help solve your problem. Don't argue with someone; walk away and do your own thing.

Aquarius Take action if you think someone has been tampering with your money or possessions or meddling in pending legal matters. Stay one step ahead.

Pisces Use your intelligence to wade your way through financial or medical problems. It's your responsibility to see matters through to the end. EUGENIA LAST

Yesterday's answers

A	R	F	S		T	H	O	S	E		F	E	A	T
L	U	L	U		I	O	W	A	N		A	L	M	A
P	E	A	R		E	M	E	N	D	A	T	I	O	N
			P	A	C	E	D		O	T	T	E	R	S
		D	E	A	R	L	Y		T	R	E	E		
J	E	T	S	K	I		A	H	S		S	P	A	T
O	N	U	S		P	U	R	E	E		T	A	C	O
L	I	D				H	I	M				L	C	D
T	R	E	S		F	U	S	E	E		D	E	E	D
S	O	S	O		A	R	E		G	L	O	S	S	Y
			C	O	C	A		C	O	A	S	T	S	
R	O	C	K	N	E		C	R	I	B	S			
T	R	A	I	T	O	R	O	U	S		I	T	C	H
E	A	R	N		F	I	L	E	T		E	R	N	E
S	L	A	G		F	O	A	L	S		R	U	N	E

Can't wait until tomorrow to check your answers? Visit **metro.us**

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **Press releases** pressrelease@metro.us • **sales fax** 212-952-1505 • **Associate Publisher** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Senior Editor** Gary Kane, gary.kane@metro.us • **Art Director** Julianne Aerts, julianne.aerts@metro.us • **National Features Editor/Style Editor** Tina Chadha, tina.chadha@metro.us • **Film Editor** Matt Prigge, matt.prigge@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **National Music Editor** rachel.raczka@metro.us• **National Sports Editor** Matt Burke, matt.burke@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us

Certified Audit CAC of Circulations

CARNEGIE HALL
presents

Friday, May 5 at 8 PM

Angélique Kidjo and Friends
Remain in Light

The three-time Grammy winner returns to Carnegie Hall with an all-star band and some very special guests for the debut performance of her reimagined take on the Talking Heads' classic 1980 album, *Remain in Light*.

carnegiehall.org | 212-247-7800 | Box Office at 57th and Seventh

Artists, programs, and dates subject to change. © 2017 CHC
Photo: Sofia Sanchez & Mauro Mongiello

UNITED
Sponsored by United Airlines®, Official Airline of Carnegie Hall

Bank of America
Proud Season Sponsor